

Bolton and Manchester Swimming Associations



Bolton & District President: Mrs Catrina Lansley, 75A Ringlow Park Road, Swinton, Manchester M27 0HA
Manchester & District President: Mr Eric Harrison, 22 Meadow Walk, Astley, Tyldesley, Manchester M29 7FA

Dear Competition Secretary,

Age Group Competitions & Championship Long Distance Events

We are again holding the Age Groups over two weekend with each weekend being swum on Saturday and Sunday. In addition to the Age Groups each Association has again decided to include their 800m and 1500m Championship events in the same weekends. The whole event will again be held at the popular Manchester Aquatic Centre during January.

All the information will be e-mailed to the Competition Secretaries and **the entry files can be e-mailed back to D Hoskins with the cheque and copies of the individual entry forms being sent by ordinary post all to arrive on or prior to the closing date for entries**. The computer entry system has been improved this year by Sportssystem and details are contained on the final page of this set of documents.

We hope you will support the galas as well as you have in previous years. The programme is intended to appeal to all your swimmers and in the events swum at the Inter-association gala, which is to be held in late May 2010, the top two swimmers (limitations apply) will represent a combined Bolton and Manchester Districts team.

The details of the competition plus entry forms are attached.

Should you have any queries, please do not hesitate to contact any of the Age Group Organisers listed below.

May we say that we all look forward to seeing you and your swimmers at the Age Group Competitions & Championship Long Distance Events in the New Year.

Yours sincerely

Catrina Lansley

Eric Harrison

Age Group Organisers:-

Bolton & District

Mrs E Whitehead, 140 Moss Bank Road, Moss Bank, ST HELENS, Merseyside WA11 7DH Tel: 01744 750329

Mrs E Kidd, 2 Bedford Road, WORSLEY, Manchester M28 7GG Tel 0161 790 2067

Manchester & District

Mrs Jane Cheshire, 38 The Crescent, Davenport, STOCKPORT, Cheshire SK3 8SN Tel: 0161 483 2972

Mrs Lesley Fawkes, 40 Beacon View, MARPLE, Cheshire SK6 6PX Tel: 0161 427 5442

Mr David Hoskins 7 Hillington Road, SALE, Cheshire M33 6GQ Tel 0161 976 3302

General Information 2010

- 1 The Promoters of this event are Bolton & District S & WPA and Manchester & District S & WPA.
- 2 The event is licensed by the ASA at the new Level 3 for entry into County and Regional Competitions.
- 3 The competition will be held under ASA Laws & ASA Technical Rules.
- 4 Venue: Manchester Aquatic Centre.
- 5 Dates: 9 and 10 January; and 23 and 24 January 2010.
- 6 ENTRY FEE £3.50 per event.
- 7 All Entries to: As per 2010 Club Entry Form.
- 8 Closing Date for Entries: **26 November 2009**. NO LATE ENTRIES ACCEPTED.
- 9 All entrants must be a member of an affiliated club to either Bolton & District S&WPA or Manchester & District S&WPA and registered with the ASA at Category 2.
- 10 The promoter reserves the right to return entries if events are over subscribed by reducing the consideration time. Entries will be considered from swimmers who have NOT achieved a NQT in that EVENT between 1st October 2009 and the closing date for entries. The NQT pertains to the age of the swimmer at the Nationals in 2010.
- 11 A totally Cardless system will be used. After the Closing Date for Entries the swimmers will receive via their Competition Secretary confirmation of which events they are swimming plus details of how to withdraw from an event should the need arise.
- 12 All events will be seeded on submitted times.
- 13 Swimmers must report to the Competitors Stewards when instructed to do so. Any swimmer not reporting in time may be excluded.
- 14 The promoters reserve the right in the interests of time to operate 'OVER THE TOP' starts.
- 15 Results sheets will be posted in a position where spectators and swimmers can see the final positions for each event.
- 16 No Coach/Team Manager will be allowed on poolside unless they are in possession of a Coach's Pass which must be applied for at the time of submitting the Entries. Any number of Passes may be purchased and they will be valid only for the day and date specified. The Pass may be transferred to another Coach/Team Manager during the day. Anyone not displaying a valid Pass will be asked leave to the Poolside. The payment for the Pass will entitle the holder to a Programme for the day plus a Heat Start List for the Sessions on that day.
- 17 The promoters reserve the right to refuse admission to any person.
- 18 Any situation not covered by the above information or Meet Conditions will be at the discretion of the promoters, who also reserve the right to make any changes that may be considered necessary for the smooth running and discipline of the event.
- 19 The Diving Pool at the Aquatic Centre will be available before and during each session for continuous warm up and warm down, however, in the event of mis-use of this facility, the Manchester Aquatic Centre reserve the right to close it at any time.

Age Group Competition 2010

- 20 The age groups are 9/10yrs 11yrs 12yrs 13yrs 14yrs 15yrs 16yrs & over. **Ages as at midnight on Sunday 24 January 2010**. 9 year olds may apply provided they are 10yrs by 30 May 2010 however the ASA Open Meet Licensing Guidelines do not permit 9yr old swimmers to enter 100m events.

- 21 No formal Presentations will be made however medals and pennants will be available for collection during each session.
- 22 All Age group winners will be on a heat declared winner basis.
- 23 The first three (3) swimmers in each Age Group will receive medals and pennants for 4th, 5th and 6th in each event.
- 24 There will be awards for highest scoring team in each age group. Points will be awarded as follows: 1st = 6 points; 2nd = 5 points; 3rd = 4 points; 4th = 3 points; 5th = 2 points; 6th = 1 point.
- 25 Two swimmers in selected events will represent Bolton & Manchester Swimming Associations at the Inter-Association competition to be held 29th and 30th May 2010. However no swimmer may swim more than 5 events at the Inter-Association meet. The Inter-Association meet will be based on the "Age on The Day" of 30th May 2010. The Inter-Association meet will also be limited to those swimmers who have not achieved a NQT for that EVENT during the period 1st Oct 2009 and the closing date for entries to the Inter-Association competition. The NQT pertains to the age of the swimmer at the Nationals in that year.

Championship Long Distance Events 2010

- 26 The 800m and 1500m events form no part of the Age Group Competition and will not attract Points as detailed in the conditions above.
- 27 Each Association will award their own medals and Trophies for the first three (3) swimmers of each sex who achieve the fast times within their Association. Provided that the swimmer's Club is affiliated to both Associations, the swimmer shall have the choice of which Association's Championship 800m and 1500m events he/she is entering and this shall be recorded on the Entry Form.
- 28 FINA no longer permit mixed sex races therefore this year separate events will be run for each sex in the 800m and 1500m as per the programme of events.
- 29 The Entries for the 800m will be a maximum of 2 Heats. If there are more than 16 swimmers entered the fastest will be selected mindful that each Association should be represented with at least 3 swimmers. The submitted entry time for the 800m must be no more than 12 minutes.
- 30 The Entries for the 1500m will be maximum to 2 Heats. If there are more than 16 swimmers entered the fastest will be selected mindful that each Association should be represented with at least 3 swimmers. The submitted entry time for the 1500m must be no more than 25 minutes.

BOLTON AND MANCHESTER SWIMMING ASSOCIATIONS
AGE GROUP COMPETITION and CHAMPIONSHIP LONG DISTANCE EVENTS

2010 CLUB ENTRY FORM

Club Name

Competition Secretary

Address

.....

.....

Post Code

Telephone Number

e-mail address

Total Number of Girl Entries @ £3.50 per Event = £.....

Total Number of Boy Entries @ £3.50 per Event = £.....

Total Number of Coach's/Team Manager's Passes:-

Sat 9 Jan 2010 @ £5.00per day = £.....

Sun 10 Jan 2010 @ £5.00per day = £.....

Sat 23 Jan 2010 @ £5.00per day = £.....

Sun 24 Jan 2010 @ £5.00per day = £.....

Total amount sent £.....

Please enclose a club cheque for the above amount made payable to Manchester & District Swimming and Water Polo Association.

The Swimmer's Entry Forms should be sent to and Sportsystem Entry Files e-mailed to:

Mr David Hoskins
7 Hillington Road
Sale
Cheshire
M33 6GQ
e-mail:- wm@mdswpa.org.uk

The Club Cheque, Swimmer's Entry Forms, Sportsystem Entry Files plus this form must arrive by the closing date of 26th November 2009

Bolton and Manchester Swimming Associations
Preliminary Age Groups & Championship Long Distance Events 2010
 All galas to be held at Manchester Aquatic Centre

Session 1 Sat 9 January W/U 2.00pm Start 2.30pm					Session 2 Sat 9 January W/U 5.30pm Start 6.00pm				
Event No	Age	Distance	Stroke		Event No	Age	Distance	Stroke	
10	Boys	9 & Over	400	IM	20	Girls	9 & Over	400	IM
11	Girls	13 & Over	200	Free	21	Boys	13 & Over	200	Free
12	Boys	9-12	200	Back	22	Girls	9-12	200	Back
13	Girls	10-12	100	Free	23	Boys	10-12	100	Free
14	Boys	13 & Over	100	Fly	24	Girls	13 & Over	100	Fly
15	Girls	13 & Over	100	IM	25	Boys	13 & Over	100	IM
16	Boys	9-12	50	Free	26	Girls	9-12	50	Free
Session 3 Sun 10 January W/U 8.30am Start 9.00am					Session 4 Sun 10 January W/U 12.30pm Start 1.00pm				
Event No	Age	Distance	Stroke		Event No	Age	Distance	Stroke	
30 *	Girls	9 & Over	1500	Free	40	Boys	9-12	400	Free
31*	Boys	9 & Over	800	Free	41	Girls	9-12	200	IM
32	Girls	13 & Over	200	IM	42	Boys	13 & Over	200	Breast
33	Boys	9-12	200	Breast	43	Girls	13 & Over	100	Back
34	Girls	10-12	100	Back	44	Boys	10-12	100	Breast
35	Boys	13 & Over	100	Free	45	Girls	9-12	50	Fly
36	Girls	13 & Over	50	Back	46	Boys	13 & Over	50	Free
37	Boys	10-12	100	Fly	47	Girls	13 & Over	50	Fly
38	Girls	9-12	50	Breast					
Session 5 Sat 23 January W/U 2.00pm Start 2.30pm					Session 6 Sat 23 January W/U 5.30pm Start 6.00pm				
50	Girls	13 & Over	400	Free	60	Boys	13 & Over	400	Free
51	Boys	9 & Over	200	Fly	61	Girls	9 & Over	200	Fly
52	Girls	9-12	200	Free	62	Boys	9-12	200	Free
53	Boys	13 & Over	200	Back	63	Girls	13 & Over	200	Back
54	Girls	13 & Over	100	Breast	64	Boys	13 & Over	100	Breast
55	Boys	10-12	100	IM	65	Girls	10-12	100	IM
56	Girls	9-12	50	Back	66	Boys	9-12	50	Back
57	Boys	13 & Over	50	Breast	67	Girls	13 & Over	50	Breast
Session 7 Sun 24 January W/U 8.30am Start 9.00am					Session 8 Sun 24 January W/U 12.30pm Start 1.00pm				
70 *	Boys	9 & Over	1500	Free	80	Girls	9-12	400	Free
71*	Girls	9 & Over	800	Free	81	Boys	9-12	200	IM
72	Boys	13 & Over	200	IM	82	Girls	13 & Over	200	Breast
73	Girls	9-12	200	Breast	83	Boys	13 & Over	100	Back
74	Boys	10-12	100	Back	84	Girls	10-12	100	Breast
75	Girls	13 & Over	100	Free	85	Boys	9-12	50	Fly
76	Boys	13 & Over	50	Back	86	Girls	13 & Over	50	Free
77	Girls	10-12	100	Fly	87	Boys	13 & Over	50	Fly
78	Boys	9-12	50	Breast					

9 year old swimmers must be 10 years of age by 30 May 2010

* Events 30,31 70 and 71 are Championship Events

Bolton and Manchester Swimming Associations
Preliminary Age Groups and Championship Long Distance Events 2010
Please complete in **CAPITAL LETTERS..**

Surname First Name Date of Birth/...../.....

Address ASA Reg No:

..... Age at 24/01/2010: 9/10 11 12 13 14 15 16&ov
(9 years may only enter if they are 10 years by 30/05/10)
..... Male / Female

Post Code e-mail:

Telephone Number Club

Gala 1	Sat 9 th Jan 2010	W/U 2.00 St 2.30pm		Gala 2	Sat 9 th Jan 2010	W/U 5.30 St 6.00pm
Gala 3	Sun 10 th Jan 2010	W/U 8.30 St 9.00am		Gala 4	Sun 10 th Jan 2010	W/U 12.30 St 1.00pm
Gala 5	Sat 23 rd Jan 2010	W/U 2.00 St 2.30pm		Gala 6	Sat 23 rd Jan 2010	W/U 5.30 St 6.00pm
Gala 7	Sun 24 th Jan 2010	W/U 8.30 St 9.00am		Gala 8	Sun 24 th Jan 2010	W/U 12.30 St 1.00pm

Submitted times are required for each event. Please note all events are HDW

Distance & Stroke	Event Number	Submitted Time mm:ss.ss	For official use only
50m Freestyle			
100m Freestyle (excluding 9 Yrs of Age)			
200m Freestyle			
400m Freestyle			
800m Freestyle*			*
1500m Freestyle*			*
50m Backstroke			
100m Backstroke (excluding 9 Yrs of Age)			
200m Backstroke			
50m Breaststroke			
100m Breaststroke (excluding 9 Yrs of Age)			
200m Breaststroke			
50m Butterfly			
100m Butterfly (excluding 9 Yrs of Age)			
200m Butterfly			
100m Individual Medley (excluding 9 Yrs of Age)			
200m Individual Medley			
400m Individual Medley			

Total Number of entries Total amount at £3.50 per event £.....

* Championship Events - please add Association name you wish to swim under for the 800m and 1500m
Please return your entry form via your Club's Competition Secretary.

This event is licensed by the ASA for the new Level 3 Competitions. Please do not enter an EVENT if you have achieved a National Qualifying time for that EVENT between 1st Oct 2009 and the closing date for the competition of 26 Nov 2009. Details of each gala are also available on our Web Site at www.mdsdpa.org.uk in the section "Down Load Forms".

SPORTYSYSTEM Entry Manager

You will require a Broadband connection to the Internet and I would suggest if you are in any doubt about the process you give David Hoskins a telephone call on 0161 976 3302 and he will contact you on your landline and will guide you through the process.

Do not leave the setting up to the last minute – it is better to set the programme up sooner rather than be rushing as the deadline for entries comes close.

Go <http://www.sportsys.co.uk/gsykes/download.htm#ssent>

Where you will see the following:-

SPORTSYSTEMS Entry Manager V2

Download the SPORTSYSTEMS entry manager for SPORTSYSTEMS Meet Organisation 5.3

[Click to download the Meet Organisation 5.3 entry manager](#)

[Click for QuickStart guide for the SPORTSYSTEMS Entry Manger](#)

[Click for Online Support for the SPORTSYSTEMS Entry Manager](#)

Carry out the following:-

- (1) – Download the Meet Organisation 5.3 Entry Manager (8.8Mbytes)
- (2) – Open the QuickStart guide and I would suggest you print it off for reference
- (3) – Open the Online Support and you may wish to print this guide off for additional reference

Follow the instructions in the QuickStart guide.

On page 2 of the instructions it refers to “Import Meet File Set” and the file referred to is attached to the e-mail or it can be downloaded from:

<http://www.mdswpa.org.uk/general/DownloadForms.htm> and it is called 2010 Age Group Meet File and has the file name AG10_EntryData.sef

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Cheshire

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